

Up Bow & Down Bow Guide

When we bow, we use one of these 2 methods:

Up Bow: V

This bow stroke moves upward towards the left shoulder, from the tip area towards the frog.



Down Bow: ▣

This bow stroke moves downward towards the right, from the frog area towards the tip.



Up Bow & Down Bow Practice

Violin

3

5

7

9

11

13

15

Detailed description: This is a violin practice sheet for a 4/4 piece in D major. It contains eight staves of music. The first staff is labeled 'Violin' and starts with a treble clef, a key signature of one sharp (F#), and a 4/4 time signature. The notes are: D4 (quarter), F#4 (quarter), A4 (quarter), B4 (quarter), D5 (quarter), F#5 (quarter), A5 (quarter), B5 (quarter). The second staff starts at measure 3 and contains: D5 (quarter), F#5 (quarter), A5 (quarter), B5 (quarter), D6 (quarter), F#6 (quarter), A6 (quarter), B6 (quarter). The third staff starts at measure 5 and contains: D6 (quarter), F#6 (quarter), A6 (quarter), B6 (quarter), D7 (quarter), F#7 (quarter), A7 (quarter), B7 (quarter). The fourth staff starts at measure 7 and contains: D7 (quarter), F#7 (quarter), A7 (quarter), B7 (quarter), D8 (quarter), F#8 (quarter), A8 (quarter), B8 (quarter). The fifth staff starts at measure 9 and contains: D8 (quarter), F#8 (quarter), A8 (quarter), B8 (quarter), D9 (quarter), F#9 (quarter), A9 (quarter), B9 (quarter). The sixth staff starts at measure 11 and contains: D9 (quarter), F#9 (quarter), A9 (quarter), B9 (quarter), D10 (quarter), F#10 (quarter), A10 (quarter), B10 (quarter). The seventh staff starts at measure 13 and contains: D10 (quarter), F#10 (quarter), A10 (quarter), B10 (quarter), D11 (quarter), F#11 (quarter), A11 (quarter), B11 (quarter). The eighth staff starts at measure 15 and contains: D11 (quarter), F#11 (quarter), A11 (quarter), B11 (quarter), D12 (quarter), F#12 (quarter), A12 (quarter), B12 (quarter). Each note has a square bowing symbol above it: a 'V' for up-bow and a 'b' for down-bow. The notes alternate between up-bow and down-bow strokes in a regular pattern.